Congratulations to 2015 Year 12 student, William Hargan, this year’s Goulburn Young Citizen of the Year, for this outstanding community award. William worked tirelessly as Vice Captain, SRC member and Senior Robotics coordinator during his time at Goulburn High School and we are very proud that he has been recognised with this prestigious award.

Another year, and another senior class has travelled to sunny Queensland for a well deserved break in the sub-tropics. The Year 11 students bonded over a variety of activities, such as snorkelling at the Great Barrier Reef and kissing baby crocodiles, and they almost didn’t want to come back to Goulburn.
Principal’s Report

Welcome back to students, staff and parents at the start of the 2016 school year. A very warm welcome to our new students and their families and to the new Year 7 students who are starting their educational journey through high school.

At this stage we have approximately 660 students with the numbers to be finalised by Wednesday 10th February. This means that there will be few changes to the class structures and staffing.

This year we welcome two new staff members, Ms Michelle Ryan, who will be the Head Teacher of the Support Unit and Mr Jacob Sheehan, who will be based in the PE faculty.

Congratulations to our students on their uniforms. The P&C have introduced some new changes and styles to our uniform and this has been well received by our students with 99% in full uniform.

Term 1 is traditionally a very busy term with a number of excursions and sporting activities planned. Our swimming carnival will be held on Wednesday 17th February.

Year 7 will be involved with scripture this year with Ms Jen Schable. She will send out more information about the program and the procedures about attending or not attending scripture shortly.

Congratulations to William Hargan, our Vice Captain in 2015, for receiving Goulburn’s Young Citizen of the Year Award on Australia Day. We are all very proud of his achievements and wish him all the best for the future, attending the University of Wollongong to study Mechatronics starting this week. Also, congratulations to Emmot Falconer (Year 12 Music student 2015) on his outstanding achievement of his work being acknowledged in the Encore program. Approximately 20 students across the state receive this honour each year.

I hope this will be a very productive year and look forward to our students achieving their personal best across a range of areas in our school.

Peter Browne

Lunchtime Christian Fellowship Group (Years 7-12)

An all-age Christian fellowship group is starting up weekly.
If you are interested in checking it out, come along on Tuesday to the meeting at lunch time in E4.
Please see Miss Schabel or Mrs Reece in the English staff room if you would like more information. Hope to see you there!
These high school groups are part of the wider Scripture Union NSW Inter-School Christian Fellowship (ISCF), are often student led and are centred on the Bible and prayer. ISCF groups are approved by Department of Education and Training policy. For more information visit: www.sunsw.org.au/schools.
Welcome to Miss Jen Schabel, Scripture teacher for year 7 students who have nominated a Christian faith group on their enrolment form. This continues from the primary school Scripture curriculum, and is Department of Education and Training approved. Miss Schabel is a qualified teacher who has taught at Goulburn High School previously. She is representing and 100% financially supported by nine churches in Goulburn. Scripture classes are on Tuesdays in Term 1. For more information visit https://oursre.org.au/fundraising-search.php and search "teacher=Jenny Schabel".
Year 11 Great Barrier Reef Excursion

Late last year, a group of Goulburn High School’s Year 11 students embarked on the school's annual journey to the Great Barrier Reef. This excursion is an opportunity to celebrate five years of study, education and fun together at one of David Attenborough’s favourite places in the world before the gruelling HSC year begins. The trip this year was filled with many highlights, particularly the hilarious antics of Ben Baker. The students had a charming appreciation and respect for the many cultural and environmental activities experienced, showing the Goulburn High School values well. A huge ‘thank you’ to Mr. White for spending many hours organising this wonderful excursion, and to Ms. Friend, Mr. Chamberlain and Ms. Lynam for keeping the students safe and sound while on this fantastic excursion.
Welcome to 2016 and what will hopefully be a successful and enjoyable year in sport. We have a busy schedule ahead of us this year with weekly sport, CHS trials, CHS knockouts and the Swimming Carnival happening in the very near future.

**Yearly Sport:** It is a compulsory requirement that all students in Years 7-11 participate in structured sports activities. Students are reminded to be prepared by bringing the correct uniform for their sport lessons. Each Year has different timetabled periods so it is a requirement that students understand when they have sport.

**South Coast Trials:** Trials are held throughout the year. Students will be notified at assemblies, in daily notices and on the PE noticeboard. Students must enter their name with the sports organiser by the cut-off date to gain a place in these selections. All interested students must see Mr. Russell to nominate for these trials.

**Swimming Carnival:** The Annual Swimming Carnival will be held on Wednesday, the 17th of February. This is a normal school day and all students are required to attend. Based on last year’s success, the carnival will hold competitive events, novelty events (both in and out of the water), relays and the Belly Flop competition.

**Sports Houses:** Remember your sports house and colours for the swimming carnival. Dress up in house colours to support your house at each carnival. **KNOPP** (Yellow), **LUMSDEN** (Green), **SOUTHWELL** (Blue) and **TAYLOR** (Red).

**Upcoming Sporting Events:**

- **Goulburn High School Swimming Carnival**  
  17th February

- **Zone Swimming Carnival, Queanbeyan**  
  19th February

**South Coast Region Trials:** Interested students should see Mr Russell regarding trial information and nomination

- Under 15s and Open Girls Tennis  
  Friday 5th February at Figtree

- Under 15s Boys Tennis  
  Monday 8th February at Figtree

- Opens Boys Tennis  
  Tuesday 9th February at Figtree
PDHPE Faculty Term 1 2016

Year 7-10 PDHPE students will take part in 2 practical and 2 theory based lessons a fortnight. During practical lessons, students are expected to bring their sports uniform and runners to change into. For theory lessons the student’s books are required.

The outline below is a brief summary of the topics students are studying for Term 1 this year. If you have any questions please don’t hesitate to call the PDHPE staff at the school on 4821 4022.

Year 7

Theory – Getting To Know Myself

Students explore sense of self by investigating:

- Influences on sense of self.
- Changing nature of sense of self.
- Interdependence of and changing significance of factors impacting on sense of self.
- Body image.
- Personal meaning of health.
- Relationships between components of health.
- Health as a constantly changing state.

Practical – Game Sense & Swimming

Students will learn and refine fundamental movement skills in a range of game contexts.

Swimming—Students will participate in aquatic skills and lifesaving units that aim to improve and reinforce their skills in and around water.

Year 8

Theory – Young Consumers

In this unit students will:

- Review their own dietary habits and compare those to the recommended habits for young people using the Australian guide to healthy eating.
- Analyse lifestyle diseases and investigate the link between lifestyle diseases, diet and physical activity.
- Recognise the cultural and social influences on food choices.
- Design a weekly eating plan for a family, involving costing, variety and suitability.
- Prepare a meal for a group.

Practical – Recreational Games

Students will participate in a variety of movement activities to demonstrate and enhance body control, body awareness, object manipulation, anticipation and timing.

Swimming - Students will participate in aquatic skills and lifesaving units that aim to improve and reinforce their skills in and around water.
Year 9

Theory – Safe or Sorry
In this unit students will:
- Learn about rights and responsibilities in relationships and sexual relationships.
- Develop ground rules and boundaries when forming new relationships.
- Identify and evaluate safe sexual health practices, including methods of contraception.
- Investigate STI’s and how to protect themselves from STI’s.
- Practise trust, talk, take control as a strategy for dealing with abusive situations.

Practical – Contemporary Games
Students will demonstrate movement skills through a range of experiences including skill development, minor games and major games. Students will work individually, in pairs and in groups to experiment with offensive and defensive skills in a range of contemporary games through modified and traditional participation.

Swimming - Students will participate in aquatic skills and lifesaving units that aim to improve and reinforce their skills in and around water.

Year 10

Theory – Road Safety
In this unit students will:
- Investigate “what makes a good driver”.
- Propose strategies to promote safe road use attitudes and behaviours.
- Use simulation software and goggles to make health decisions and solve problems relevant to young people.
- Investigate the consequences of unsafe road behaviour through examining statistics and articles relevant to young people.

Practical – Let’s Kick On
Students will demonstrate movement skills playing a range of games that incorporate kicking skills and movements.

Swimming - Students will participate in aquatic skills and lifesaving units that aim to improve and reinforce their skills in and around water.

Year 12 students helping Mr Stoevelaar on Australia Day to run ‘Carnival of Cups’ with the Goulburn Harness Racing Club.
NSW SCHOOL VACCINATION PROGRAM

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2016 the following vaccines will be offered to Year 7 students*:

- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)

* The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised.

Parent Information Kits will be sent home to parents/guardians. To consent to the vaccination of their child, parents/guardians are advised to:

- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child’s school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.
From the HT Administration

Welcome back – and a special welcome to our new students!

I would like to remind you of a few things that will help me in my role tremendously:

- **If you need to leave school early** – you must have a note from home stating what time you will need to leave and where you will be going, as well as a parent signature and contact phone number. This note must be signed before school by me – my office is in between Mr Joseph and Mr Mani. Once this note is signed, you take it to the office and you will be issued with a leave pass.

- **If you are late** – you must sign in at the office as soon as you get to school. You should try as much as possible to bring a note explaining why you are late.

- **If you are absent** – when you return to school, bring a note explaining your absence and give it to your roll call teacher. It will then be processed by the office and noted on your school records.

Before I leave you, last year we had 18 legends with 100% attendance ... this year I am setting a target of 50! I think we can do it ...

The Canteen would like to ask all students to consider ordering their lunch before school or at recess to ensure availability and avoid disappointment as certain items might sell out by then. Gluten free lunches or any other dietary needs are catered for. Please simply state your requirements and we will try our utmost to prepare your lunch for you.

Our Canteen manager, Mrs Anne Horder, would also like to remind all students of proper use of language and behaviour when ordering, paying and purchasing breakfast, recess and lunch items. Thank you :)

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Year 12 Hospitality students kicked off the year with some multicultural flair. Students made Salmon and Avocado Sushi and tried their hand at some Japanese style presentation. Best of it all it was YUMMY.
Deputy Principals’ Report

Welcome back

Welcome to all our new students and families and welcome back to our returning students and families. This year at Goulburn High School we are trialling two Deputy Principals. Joining Mr Vero Joseph will be Mr Yogesh Mani. We are both looking forward to the opportunities afforded by having two Deputy Principals. Mr Joseph will be responsible for years 8, 10, and 12; Mr Mani will be responsible for years 7, 9, and 11. This report will be on behalf of both Deputy Principals.

Korean Exchange

Our Korean exchange begins on Friday 12th February when the students arrive at approximately 3.00pm. They will be hosted by our students and their families and experience life in Australia. They depart Goulburn on the morning of Monday 22nd of February. Goulburn High School students have the opportunity to visit Korea during the spring school break. More information will be available about that part of the exchange soon.

Uniform

Our students started the year looking fantastic in their uniforms and most students are in correct footwear. A reminder that students must be in plain black enclosed polishable leather shoes. Our uniform shop opened during the holidays and has been a great success. The quality of the uniform is excellent with a large variety of sizes and options. The uniform shop has a percentage of sales going back to our P and C.

Some Important Dates

- School Photo Day 11th February
- Korean Exchange 12th – 22nd February
- School Swimming Carnival 17th February
- Zone Swimming Carnival 19th February
- Photo catch up day 19th February
- Year 6 parent information evening 9th March
- Informal year 7 parent teacher night 16th March
- Easter 25th – 28th March
- Hot Rod Shakedown 27th March (Easter Sunday)
- Year 12 Half Yearly Examinations commence 29th March
- Year 7 camp 4th – 5th April
- Last day of term 1: 8th April
- ANZAC Day 25th April
- Staff development day term 2: 26th April
- All students return for term 2: 27th April
AN EXCITING TRAINING OPPORTUNITY
For students who have completed Year 10 and are looking at their options, the Goulburn TAFE are offering the following course. This is for students who may have left or who may have returned to Yr11 or 12 but are not sure if they want to be at school.

Certificate II in Resources and Infrastructure Work Preparation (RII20113)
This certificate is a pathway qualification and will prepare an individual in successfully undertaking a sector specified Certificate III from the Resources Industry Training Package.
This qualification is intended for people interested in exposure to an engineering or related working environment with a view to entering into employment in that area.
This qualification will equip you with knowledge and skills which will enhance your prospects of employment in an engineering or related working environment. The program will develop trade-like skills.
It is also hoped that this course will provide students with an opportunity to access employers in the mining sector as the units of work selected for the course have been selected in collaboration with representatives from several of the Marulan quarries.

ENTRY REQUIREMENTS – there are no entry requirements to this qualification (however, students must have completed Year 10 or equivalent).

ATTENDANCE: This is a 7 week duration course, 20 hours per week, Wednesday, Thursday, Friday 8.00am – 3.30pm, due to start in February 2016.

COST: This course is subsidised by the NSW Government – fees will vary depending on your eligibility criteria (see TAFE WEBSITE). You will also need the correct PPE and a welding kit (approx. $260).

For further information call 1300 766 123 or visit the TAFE Illawarra website.
http://search.tafeillawarra.edu.au/coursedetails.htm?cid=RII20113%2D01V01&lo=Goulburn&m=0

http://studentsonline.bos.nsw.edu.au/

All Year 10,11,12 students are encouraged to use the resources and information in Students Online. Students will need to activate their account first and create a PIN. Once logged in they can access, via My Details, their personal details as well as Year 10 grades (in Dec), HSC Preliminary (Year 11) grades (in Nov) and in Year 12, or their HSC year, their
• personal HSC Exam timetable (in Apr)
• Assessment Ranks (in Nov)
• HSC results (in Dec)

Students who have left school and are waiting for their formal RoSA documentation can access an e-record if required for further employment and training.

Students Online is designed to be a one stop shop for senior study and HSC information for students. It also has a wide range of useful advice and resources. For example, the study tips and materials section has links to
• past papers
• marking guidelines
• quizzes
• HSC workbooks including ebooks
• HSC apps

Year 12 Students will receive a Students Online bulletin reminding them to activate their accounts at the beginning of term 1, 2015.
Goulburn Mulwaree Youth Council

Students who are interested in working in the community to increase their social awareness and understanding and develop their communication skills and confidence are invited to join the Youth Council.

Meetings are held on the last Friday of each month from 5.30 – 7.00pm in the Council Chambers. New members are most welcome.

This is a fabulous opportunity to develop essential life skills to ensure that all students become valuable, contributing members of our community. These skills are highly desirable to employers and can help give an advantage over other applicants in scholarship and employment applications.

Mrs Kennedy
Girls’ Corner

Goulburn High School is continuing this initiative in 2016 by supporting all female students with their own ‘corner space’. Tuesdays and Thursdays at lunch, girls will be able to meet the Girls’ Adviser in E17 and enjoy hot drinks and biscuits while talking about issues particular to girls. They can also use this opportunity to help each other, by lending a hand with homework etc. Senior female students and female teachers will at times also be available to give advice and support when required. This space will be a safe and happy place to make all girls feel welcome and comfortable.

Standing Side by Side Will Make Us Stronger

Girls’ Corner is continuing this initiative in 2016 by supporting all female students with their own ‘corner space’. Tuesdays and Thursdays at lunch, girls will be able to meet the Girls’ Adviser in E17 and enjoy hot drinks and biscuits while talking about issues particular to girls. They can also use this opportunity to help each other, by lending a hand with homework etc. Senior female students and female teachers will at times also be available to give advice and support when required. This space will be a safe and happy place to make all girls feel welcome and comfortable.

HOT SPOT in D-Block

A new safe, quiet and comfortable area is being offered to all our students who would like to get away from the ‘hustle and bustle’ of the playground at recess and lunch. Initiated and supervised by Mrs Porter, Ms Friend and Mrs Tomlinson, there are individual and team games available and relaxing colouring books within a calm environment in D-block. Why don’t you come along one day and check it out?